



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Raymond Howe

250m Swim Time: 00:05:15

Total Time: 00:45:30

12km Bike Time: 00:22:02

Category Position: 2/42

2.5km Run Time: 00:14:07

Overall Rank: 11/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com