



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Ryong Cho

250m Swim Time: 00:10:18

Total Time: 01:16:46

12km Bike Time: 00:36:34

Category Position: 40/42

2.5km Run Time: 00:20:30

Overall Rank: 130/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com