



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

# FINISHER

Congratulations to:

Ronald Gillies

250m Swim Time: \_\_\_\_\_

Total Time: \_\_\_\_\_

12km Bike Time: \_\_\_\_\_

Category Position: 42

2.5km Run Time: \_\_\_\_\_

Overall Rank: 147

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

**Parkway**  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)