



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Ian Lacy

250m Swim Time: 00:05:41

Total Time: 00:50:49

12km Bike Time: 00:24:03

Category Position: 6/42

2.5km Run Time: 00:15:16

Overall Rank: 26/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com