



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

# FINISHER

Congratulations to:

Lucas Tong

250m Swim Time: 00:05:34

Total Time: 00:54:01

12km Bike Time: 00:28:40

Category Position: 20/43

2.5km Run Time: 00:14:39

Overall Rank: 51/147

METASPORT

GEMS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)