



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Muhammad Farid Abdul Wahid

250m Swim Time: 00:08:45

Total Time: 01:05:48

12km Bike Time: 00:33:45

Category Position: 34/43

2.5km Run Time: 00:17:03

Overall Rank: 100/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com