



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Khoi Tuan Nguyen Cao

250m Swim Time: 00:04:18

Total Time: 00:46:37

12km Bike Time: 00:26:16

Category Position: 12/43

2.5km Run Time: 00:12:33

Overall Rank: 15/147

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com