



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jay Lilley

750M Swim Time:	00:11:52	Total Time:	01:01:14
18km Bike Time:	00:28:41	Category Position:	3/18
5km Run Time:	00:18:27	Overall Rank:	4/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metaspintseries.com