



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Hemal Kana

750M Swim Time: 00:14:58

Total Time: 01:14:00

18km Bike Time: 00:32:23

Category Position: 22/141

5km Run Time: 00:23:00

Overall Rank: 112/1003

METASPORT

GENS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)