



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Paul Young

750M Swim Time:	00:17:05	Total Time:	01:14:29
18km Bike Time:	00:29:03	Category Position:	11/126
5km Run Time:	00:24:14	Overall Rank:	121/1003

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metaspintseries.com](http://www.metaspintseries.com)