



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Richard Farren

750M Swim Time:	00:14:07	Total Time:	01:05:19
18km Bike Time:	00:28:47	Category Position:	3/59
5km Run Time:	00:19:38	Overall Rank:	20/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metaspintseries.com