



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Zhen Hong Ho

750M Swim Time: 00:16:51

Total Time: 01:18:13

18km Bike Time: 00:33:59

Category Position: 3/18

5km Run Time: 00:24:28

Overall Rank: 187/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com