



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Arnout Hemel

750M Swim Time: 00:17:18

Total Time: 01:17:26

18km Bike Time: 00:29:21

Category Position: 22/126

5km Run Time: 00:26:26

Overall Rank: 169/1003

METASPORT

GENS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)