Swith Run 20		METASPRINT SERIESSINGAPORE
Bike 28 April 2019	METASPRINT	SERIES TRIATHLON SPRINT DISTANCE
EAST COAST PARK		TSHER Itulations to:
Stephen Nash		
750M Swim Time:	00:18:46	Total Time: 01:29:35
18km Bike Time:	00:34:29	Category Position: 28/62
5km Run Time:	00:30:21	Overall Rank: 443/1003
METASPORT		Smith&nephew PURE Parkway Shenton
A FUN way to be	9 TRIATHLE	www.metasprintseries.com