



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Richard Firth

750M Swim Time: 00:20:15

Total Time: 01:41:09

18km Bike Time: 00:38:33

Category Position: 46/62

5km Run Time: 00:36:07

Overall Rank: 747/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com