



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Frank Cassin

750M Swim Time: 00:18:58

Total Time: 01:20:12

18km Bike Time: 00:29:31

Category Position: 14/62

5km Run Time: 00:26:24

Overall Rank: 226/1003

METASPORT

GENS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)