



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Vanessa Lodge

750M Swim Time:	00:17:42	Total Time:	01:19:56
18km Bike Time:	00:31:45	Category Position:	3/22
5km Run Time:	00:26:16	Overall Rank:	219/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metaspintseries.com