



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Ken Forbes

750M Swim Time: 00:19:27

Total Time: 01:15:55

18km Bike Time: 00:31:32

Category Position: 23/147

5km Run Time: 00:20:56

Overall Rank: 142/1003

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)