



28 April 2019
EAST COAST PARK

METASPRINT
SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Mohd Firoze Hashim

750M Swim Time:	00:25:01	Total Time:	01:33:53
18km Bike Time:	00:38:49	Category Position:	35/62
5km Run Time:	00:26:02	Overall Rank:	579/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metaspintseries.com