Swim Run		METASPRINT SERIESSINGAPORE
28 April 2019	METASPRINT	SERIES TRIATHLON SPRINT DISTANCE
EAST COAST PARK		ISHER tulations to:
Lena Brantmark		
750M Swim Time:	00:16:55	Total Time: 01:29:45
18km Bike Time:	00:38:57	Category Position: 12/39
5km Run Time:	00:29:42	Overall Rank: 448/1003
METASPORT	World Academy	sports NUTRITION Parkway Shenton
A FUN way to be	9 TRIATHLET	www.metasprintseries.com