



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

John Ross Aban

750M Swim Time: 00:23:01

Total Time: 01:37:47

18km Bike Time: 00:33:05

Category Position: 102/141

5km Run Time: 00:34:45

Overall Rank: 674/1003

METASPORT

GENS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)