



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Theodore Giffard

750M Swim Time: 00:18:30

Total Time: 01:33:26

18km Bike Time: 00:36:22

Category Position: 31/59

5km Run Time: 00:28:46

Overall Rank: 563/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

A logo for 'Parkway Shenton' featuring a stylized blue circular graphic above the text.
**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com