Swim Rum		METASPRINT SERIESSINGAPORE
28 April 2019	METASPR	INT SERIES TRIATHLON SPRINT DISTANCE
EAST COAST PARK		INISHER ongratulations to:
Tristan Pochat		
750M Swim Time:	00:17:17	Total Time: 01:21:42
18km Bike Time:	00:30:19	Category Position: 52/149
5km Run Time:	00:28:49	Overall Rank: 255/1003
METASPORT	World Academy (Separate	Signature State St
A FUN way to be	9 TRIAT	HLETE www.metasprintseries.com