



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Colin Ryan

750M Swim Time: 00:16:54

Total Time: 01:13:54

18km Bike Time: 00:29:38

Category Position: 1/6

5km Run Time: 00:23:12

Overall Rank: 111/1003

**METASPORT**

**GENS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

A logo for 'Parkway Shenton' featuring a stylized blue circular graphic above the text.  
**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)