



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Frederick Seah Chin Hsiung

750M Swim Time: 00:19:38

Total Time: 01:39:18

18km Bike Time: 00:35:20

Category Position: 104/126

5km Run Time: 00:37:21

Overall Rank: 713/1003

METASPORT

GENS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)