



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Charles Cousins

750M Swim Time: 00:26:37

Total Time: 01:56:47

18km Bike Time: 00:40:54

Category Position: 5/5

5km Run Time: 00:39:14

Overall Rank: 939/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com