



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Heather De Freitas

750M Swim Time:	00:16:46	Total Time:	01:12:58
18km Bike Time:	00:31:03	Category Position:	1/42
5km Run Time:	00:22:01	Overall Rank:	93/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metaspintseries.com