



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Lena Vandenabeele

750M Swim Time:	00:15:41	Total Time:	01:28:55
18km Bike Time:	00:39:00	Category Position:	4/5
5km Run Time:	00:30:26	Overall Rank:	427/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metaspintseries.com