



10 March 2019  
F1 VILLAGE

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES DUATHLON DISCOVERY DISTANCE

# FINISHER

Congratulations to:

## Raymond Howe

1.5km Run Time: 00:08:13

Total Time: 00:42:56

12km Bike Time: 00:23:04

Category Position: 5 of 23

1.5km Run Time: 00:09:12

Overall Rank: 12 of 94

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

  
**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)