



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Umi Nadia Khamis

1.5km Run Time: 00:08:35

Total Time: 00:52:40

12km Bike Time: 00:31:16

Category Position: 7 of 31

1.5km Run Time: 00:09:48

Overall Rank: 46 of 94

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com