



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Hong Sheng Ong

3km Run Time: 00:14:15

Total Time: 01:17:24

18km Bike Time: 00:42:49

Category Position: 70 of 90

3km Run Time: 00:16:44

Overall Rank: 437 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com