



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Phil Damerell

3km Run Time: 00:13:00

Total Time: 01:07:19

18km Bike Time: 00:36:36

Category Position: 36 of 90

3km Run Time: 00:13:55

Overall Rank: 225 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com