



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Tze Foong Ho

3km Run Time: 00:16:35

Total Time: 01:15:50

18km Bike Time: 00:37:33

Category Position: 56 of 84

3km Run Time: 00:17:39

Overall Rank: 405 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com