



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Arnout Hemel

3km Run Time: 00:14:33

Total Time: 01:04:07

18km Bike Time: 00:31:19

Category Position: 19 of 88

3km Run Time: 00:15:34

Overall Rank: 154 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com