



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Francois Lancon

3km Run Time: 00:15:15

Total Time: 01:15:47

18km Bike Time: 00:40:39

Category Position: 12 of 28

3km Run Time: 00:15:15

Overall Rank: 403 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com