



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Yan Qing Hong

3km Run Time: 00:16:03

Total Time: 01:19:57

18km Bike Time: 00:44:03

Category Position: 12 of 22

3km Run Time: 00:16:15

Overall Rank: 489 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com