



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

John Ross Aban

3km Run Time: 00:14:17

Total Time: 01:09:23

18km Bike Time: 00:33:25

Category Position: 42 of 90

3km Run Time: 00:18:13

Overall Rank: 268 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com