



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Royston Yow

3km Run Time: 00:15:22

Total Time: 01:18:29

18km Bike Time: 00:43:07

Category Position: 66 of 88

3km Run Time: 00:15:57

Overall Rank: 456 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com