



10 March 2019  
F1 VILLAGE

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES DUATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

## Colin Ryan

3km Run Time: 00:12:20

Total Time: 00:58:58

18km Bike Time: 00:32:01

Category Position: 1 of 6

3km Run Time: 00:12:39

Overall Rank: 75 of 706

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

  
**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)