



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Roland Lim

3km Run Time: 00:19:07

Total Time: 01:30:30

18km Bike Time: 00:43:50

Category Position: 84 of 88

3km Run Time: 00:22:21

Overall Rank: 626 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com