



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jan Zastera

3km Run Time: 00:11:05

Total Time: 00:55:38

18km Bike Time: 00:30:35

Category Position: 1 of 49

3km Run Time: 00:11:55

Overall Rank: 35 of 705

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

The logo for Parkway Shenton, featuring a stylized blue circular pattern above the text 'Parkway Shenton'.

A FUN way to be a TRIATHLETE

www.metasp rintseries.com