



17 FEBRUARY 2019
PALAWAN BEACH, SENTOSA

METASPRINT SERIES SINGAPORE



METASPRINT SERIES AQUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Zhen Hong Ho

Swim 750m Split Time: 00:17:42

Total Time: 00:40:45

Transition Time: 00:00:46

Category Position: 11/42

Run 5km Split Time: 00:22:17

Overall Rank: 143/895

METASPORT

GEMS
World Academy
(Singapore)



PURE
SPORTS NUTRITION



CORE
COLLECTIVE
BY AURUM

A FUN way to be a TRIATHLETE

www.metasprintseries.com