

**Indofood**  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
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INDONESIA

#IM703Bintan

[www.ironmanbintan.com](http://www.ironmanbintan.com)

19 AUGUST 2018

**FINISHER** Dale JAMIESON

SWIM 00:34:10 BIKE 02:35:37 RUN 01:36:09 OVERALL 04:51:09

AGE GROUP 30-34 AGE GROUP RANKING 2/80

**OVERALL RANKING** 27/789



**METASPORT**

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wonderful  
indonesia

**BINTAN  
RESORTS**  
Escape · Unwind · Discover

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