

# METASPRINT SERIES SINGAPORE



15 APRIL 2018  
EAST COAST PARK

## METASPRINT TRIATHLON SPRINT DISTANCE

### TRIATHLON



## FINISHER

Congratulations to:

On Bong Lam

750m Swim Time: 00:28:54

Total Time: 01:49:14

18km Bike Time: 00:47:52

Category Position: 153/165

5km Run Time: 00:25:22

Overall Rank: 860/985

**METASPORT**

**Sport**  
SINGAPORE

**GENS**  
World Academy  
(Singapore)

**PURE**  
SPORTS NUTRITION

**COMPRES**  
**SPORT**

**Pure**  
**Ocean**  
LIVE YOUR LIFE

**Aqua Sphere**

**FHYSIO**

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)