



CIVIL SERVICE CLUB

SINGAPORE DUATHLON

RUN IT.
BIKE IT.
DU IT.

STANDARD DISTANCE

19 NOVEMBER 2016

CONGRATULATIONS TO:

Yasushi Nakahara

10KM RUN 00:45:17

TOTAL TIME 02:19:03

36KM BIKE 01:02:33

CATEGORY POSITION 8/125

5KM RUN 00:26:18

OVERALL RANK 45/469

MetaSport



www.singaporeduathlon.com