



**BINTAN
TRIATHLON**
2014



Congratulations to

Rob PALMER

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:28:14
BIKE	Distance: 40km	Timing: 01:03:31
RUN	Distance: 10km	Timing: 00:44:28

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	02:17:57	9	2