

Indofood
THE SYMBOL OF QUALITY FOODS

IRONMAN
70.3® BINTAN
INDONESIA

#IM703Bintan

www.ironmanbintan.com

19 AUGUST 2018

FINISHER **Ian NOKES**

SWIM 00:38:42 BIKE 02:49:08 RUN 02:18:58 OVERALL 05:51:56

AGE GROUP 55-59 AGE GROUP RANKING 4/20

OVERALL RANKING 166/789



METASPORT

Indofood
THE SYMBOL OF QUALITY FOODS

wonderful
indonesia

BINTAN
RESORTS
Escape · Unwind · Discover

bintan
Breathtaking Journey