

Indofood  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
**70.3**® BINTAN  
INDONESIA

#IM703Bintan

[www.ironmanbintan.com](http://www.ironmanbintan.com)

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**FINISHER**

**Ahmad Muzzamir ISMAIL**

SWIM 00:54:10

BIKE 04:25:25

RUN

OVERALL

AGE GROUP

45-49

AGE GROUP RANKING

/137

**OVERALL RANKING**

/789



**METASPORT**

Indofood  
THE SYMBOL OF QUALITY FOODS

wonderful  
indonesia

BINTAN  
RESORTS  
Escape · Unwind · Discover

bintan  
Breathtaking Journey